

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1:00 - 2:00 Kickboxing	1:00 - 2:00 Adults BJJ	11:00 - 12:00 Adults MMA	1:00 - 2:00 Adults BJJ	1:00 - 2:00 Kickboxing	8:45 - 9:15 Little Samurais	10:00 - 10:45 Womens BJJ
4:00 - 4:45 Kids MMA	4:00 - 4:30 Little Samurais	1:00 - 2:00 Kickboxing	4:00 - 4:30 Little Samurais	4:00 - 4:45 Kids MMA	9:30 - 10:30 JUDO (All Levels)	11:00 - 11:45 BJJ Executives
5:00 - 6:00 Teens BJJ	4:45 - 5:45 Kids BJJ	4:00 - 4:45 Kids MMA	4:45 - 5:45 Kids BJJ	5:00 - 6:00 Teens MMA	10:45 - 11:30 MMA (All levels)	12:00 - 1:00 UDS
6:15 - 7:15 Adults BJJ	6:15- 7:15 Adults MMA	5:00 - 6:00 Teens Kickboxing	6:15- 7:15 Adults MMA	6:15 - 7:15 Adults BJJ	11:45 - 12: 30 BJJ	
7:30 - 8:15 BJJ Skills & Drills	7:30- 8:30 No Gi BJJ	6:15 - 7:00 Womens BJJ	7:30- 8:30 No Gi BJJ		1:00 Pro Camp	
		7:15 - 8:15 Adults Basics				